



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fresh soup	Fresh soup	Fresh soup	Fresh soup	Fresh soup
Pasta bar with choice of sauces	Pasta bar with choice of sauces	Roast breast of chicken with Yorkshire puddings and gravy	Lasagne	Battered Haddock
Beef in black bean sauce	Sausage meat plait with onion gravy	Spanish omelettes (V)	Chicken and leek risotto	Pasta with sauce
Sweet and sour vegetables and quorn (V)	Vegetable hotpot (V)	Roast potatoes Carrots Courgettes	Roast vegetable pasta bake (V)	Halloumi burgers (V)
Rice Broccoli Stir fried vegetables	Mashed potatoes Sweet corn Cabbage	Salad bar Jacket potatoes	Lettuce Tomato Cucumber	Chips Peas Tomato
Salad bar Jacket potatoes	Salad bar Jacket potatoes	Salad bar Jacket potatoes	Salad bar Jacket potatoes	Salad bar Jacket potatoes
Vanilla sponge with custard	Flapjack	Lemon drizzle cake	Apple strudel with custard	Strawberry shortcake
Fresh fruit Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Fresh soup</p> <p>Pasta bar with choice of sauces</p> <p>Fish and prawn pie</p> <p>Stuffed mushrooms(V)</p> <p>New potatoes Peas Leeks</p> <p>Salad bar Jacket potatoes</p> <p>Rice pudding with forest fruits or jam</p> <p>Fresh fruit Yoghurt</p>	<p>Pasta bar with choice of sauces</p> <p>Bacon loin with gravy</p> <p>Butternut squash risotto (V)</p> <p>Mashed potatoes Roast vegetables Cabbage</p> <p>Salad bar Jacket potatoes</p> <p>Lemon tart</p> <p>Fresh fruit Yoghurt</p>	<p>Fresh soup</p> <p>Roast turkey breast with Yorkshire puddings</p> <p>Stuffed peppers (V)</p> <p>Roast potatoes Carrots Green beans</p> <p>Salad bar Jacket potatoes</p> <p>Fresh fruit meringue</p> <p>Fresh fruit Yoghurt</p>	<p>Pasta bar with choice of sauces</p> <p>Chilli wraps</p> <p>Falafels (V)</p> <p>Sliced potatoes Sweet corn Ratatouille</p> <p>Salad bar Jacket potatoes</p> <p>Cinnamon and apple pancakes with custard</p> <p>Fresh fruit Yoghurt</p>	<p>Fresh soup</p> <p>Pasta with sauce</p> <p>Fish fingers Smoked haddock</p> <p>Aubergines and halloumi cheese(V) Chips Beans Cauliflower</p> <p>Salad bar Jacket potatoes</p> <p>Chocolate eclairs</p> <p>Fresh fruit Yoghurt</p>

Week 3



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Fresh soup</p> <p>Pasta bar with choice of sauces</p> <p>Breast of chicken with a cream and mustard sauce</p> <p>Moroccan spiced vegetables and chick peas (V)</p> <p>New potatoes</p> <p>Broccoli</p> <p>Roasted vegetables</p> <p>Salad bar</p> <p>Jacket potatoes</p> <p>Sponge with custard</p> <p>Fresh fruit</p> <p>Yoghurt</p>	<p>Tuna and pasta bake</p> <p>Braised steak</p> <p>Vegetable lasagne (V)</p> <p>Boulangere potatoes</p> <p>Sweet corn</p> <p>Cabbage</p> <p>Salad bar</p> <p>Jacket potatoes</p> <p>Scones with jam and cream</p> <p>Fresh fruit</p> <p>Yoghurt</p>	<p>Fresh soup</p> <p>Pork and leek sausages with Yorkshire pudding and onion gravy</p> <p>Cheese and broccoli pancakes (V)</p> <p>Roast potatoes</p> <p>Carrots</p> <p>Cauliflower cheese</p> <p>Salad bar</p> <p>Jacket potatoes</p> <p>Strawberry gateaux</p> <p>Fresh fruit</p> <p>Yoghurt</p>	<p>Pasta bar with choice of sauces</p> <p>Chicken tikka masala</p> <p>Vegetable bhajjis (V)</p> <p>Rice</p> <p>Green beans</p> <p>Butternut squash</p> <p>Salad bar</p> <p>Jacket potatoes</p> <p>Apple crumble with custard</p> <p>Fresh fruit</p> <p>Yoghurt</p>	<p>Fresh soup</p> <p>Pasta with sauce</p> <p>Breaded Salmon</p> <p>Cheese and tomato pizza (V)</p> <p>Oven baked chips</p> <p>Grilled tomatoes</p> <p>Peas</p> <p>Salad bar</p> <p>Jacket potatoes</p> <p>Chocolate brownie</p> <p>Fresh fruit</p> <p>Yoghurt</p>

Week 1